

how to **accelerate** learning.

POSTAL REVIEW



What a great activity



Postal Review

This is a great activity can be used for either a short course or a longer term one; to make sure the delegates are retaining the information they have learnt. It does not have to be saved until the final review.



Materials required: one envelope per delegate, with a blank piece of paper inside, some coloured felt tips
Optional: cardboard box with a posting slot



The activity

At the beginning of the day or on the first day, hand each delegate an envelope, explaining that they should keep these safe. The idea is that on the piece of paper they pose 2 or 3 questions, which will be used to help review the day(s) activities and learning. You may have to remind them during the day that they still have their questions to pose. Ask them to write clearly on the envelope the topic to which the questions relate. The questions can be on any topic or you may wish to allocate a topic per person.

Once they have written down their questions and depending on how many days the training occurs on, they can hand their envelopes in or post them into your posting box.

At your discretion, (could be midday or at the final review or at the end of a day or even week!) take out an envelope and read out one question at a time to the whole group. Those who wrote the questions are not exempt from answering! If it is a very short course, you could limit the questions to one each.